

**Varsha  
Rathod, M.D.**



www.naet.com

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# Preventive Medicine

## Say “Good-Bye” To Your Illness For Good



Are you tired of using prescription drugs to control your symptoms? Do you have to routinely receive allergy shots? Did you ever think you could completely get rid of your allergies? At Preventive Medicine, we provide an allergy elimination technique called NAET (Nambudripad’s Allergy Elimination Technique). NAET is a non-invasive, drug-free process, combining Kinesiology, Oriental Medicine, Allopathy, Chiropractic, Acupressure, and nutrition.



NAET removes the allergy so you no longer suffer from the symptoms. NAET can be utilized by children, adults, and the elderly.

### What is an Allergy?

“An individual can be allergic to anything: foods, drinks, pharmaceutical drugs, herbs, clothing, chemicals, paint, latex, plastics, pollen, etc. Allergy symptoms can range from mild to debilitating reactions to life-threatening illnesses. Medical scientists are still researching to find the exact cause and nature of allergies. From a Western medical

point of view, an allergy is an over-reaction of the immune system. In NAET, allergies are viewed from a holistic perspective based on Oriental Medical principles and defined in terms of the effect an allergic substance has on the energy flow in the body.

When contact is made with an allergen, it causes blockages in the energy pathways called meridians, disrupting the normal flow of energy through the body’s electrical circuits. This energy blockage causes interference in communication between the brain and body via the nervous system which begins a chain of events that can develop into an allergic response.

Undiagnosed allergies are often the cause of common or chronic illnesses which when left untreated can become serious or critical. Through illness, pain, headaches, heart attacks, strokes, abnormal growths, tumors and other discomforts the brain signals the body about the possible dangers if the energy blockages remain within the body. The result of energy imbalances in the body leads to a diminished state of health in one or more organ system. By reprogramming the brain and removing the blockages from the energy pathways, NAET allows the body to re-

gain perfect balance (homeostasis) and function normally to reach optimum health.”

### How Does NAET Work?

Nambudripad’s Testing Techniques utilizes Muscle Response Testing (MRT) which indicates the kinetic imbalance in the body caused by allergens. After the NAET treatment, a strong MRT indicates that the allergy has been re-

*“It never ceases to amaze me at how powerful a simple technique such as NAET can help people with a wide variety of ailments”  
Varsha Rathod, M.D.*

moved. For best results, the substance must then be completely avoided for at least 25 hours following the treatment. Allergens are treated and cleared one at a time in a specific sequence. Normally only one item is treated on a given day.”

Prior to starting NAET, it is required patients read “Say Good-Bye To Illness.” After reading the book you can begin your journey to becoming allergy-free.

Varsha Rathod, M.D.

Ref: Say Good-Bye To Illness Brochure  
by Dr. Nambudripad

*“The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease.”*

*Attributed to Thomas A. Edison*



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# Preventive Medicine, Varsha Rathod, M.D.

## Save Time & Money with Calcium Chelation Therapy

Chelation Therapy is an alternative method for restoring normal vascular and cellular function. Since 1967, we have been using Disodium EDTA Chelation Therapy. We are now offering a second form called Calcium EDTA Chelation Therapy. **Calcium EDTA takes less time, saves money, and has the same effect as Disodium EDTA.**

Calcium EDTA, removes damaging heavy metals and is used to treat vascular disease similar to Disodium EDTA. Calcium EDTA is administered in 30 minutes, as opposed to the traditional three hour infusion. Also a vitamin and mineral IV is administered every fifth treatment in lieu of Calcium

EDTA. This helps to rebalance the body and boost immunity.

Regardless of the form of EDTA being administered, kidney function and other lab values are monitored throughout treatment. If you are currently receiving Disodium EDTA you can switch to Calcium EDTA at any time. You can do this by notifying the nurse at least 24 hours prior to your next treatment so she can prepare the correct bag. Chelation can be used to help with poor circulation, to remove heavy metals, improve blood flow, and is used to treat coronary artery disease.



If you are interested in Calcium EDTA Chelation please contact my office to explore treatment options. You can also visit our website to view an article on the differences between Calcium and Disodium EDTA.

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**We are excited to announce FREE SHIPPING for supplement orders over \$120.00.**

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Hypothyroidism article—please visit [www.preventivemedicinestl.com](http://www.preventivemedicinestl.com) to view this new article.

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**FREE**

Offer expires May 30, 2007

Present this coupon and receive your 1st NAET Treatment with the Registered Nurse at no cost. Not redeemable for cash. A \$90.00 value. Prior to starting your 1st treatment it is required that you read "Say Good-Bye To Illness" or "Say Good-Bye To Allergies."